

## CMHA ALBERTA SERVICE MATRIX (as at March 31, 2013)

NO.	PROGRAM	PROGRAM DESCRIPTION	GROUP	SUB-GROUP	YEAR INITIATED	NO. YEARS IN PLACE	AGES OF THOSE SERVED Child. & Youth (0-18) (CY) Adult (18-65) (A) Senior (65+) (S) All (AL) Comb. (C-A/CY, e.g.)	GENDER (M/F/M&F)	NO. VOLUNTEER HOURS PER YEAR	LOCATION(S)
	<i>Enter name - e.g. CLUB Program</i>	<i>No more than two sentences, e.g. A program for men and women living with mental illness who are seeking a safe environment to meet other adults. Activities include: attending community events, concerts, museums.</i>	<i>See key</i>	<i>See key</i>						<i>List (use same line, separated by commas if necessary)</i>
<b>CENTRAL REGION</b>										
1	Education	Education programs are designed to increase mental health and wellness. They focus on helping people develop the skills and strategies needed to promote recovery and resilience.	EA	A,FE, VT, other	1985	28	C-A/S	N/A	515	Red Deer
2	Alberta Brain Injury Initiative	Case Management Services for Individuals with Acquired Brain Injury	SS	B1	2003	10	C-A/S	no stats	500	Central Alberta-PDD area
3	Buffalo, Housing First	Support Services for individuals to move directly of the street into permanent, affordable housing	SS	B1, GS,H<LS S, MI,	2007	6	C-A/S	M-40 F-10	1,500	Red Deer
4	Red Deer Housing (formerly Outreach Services)	Case management services for individuals who are living rough or facing a housing emergency	SS	H,LASS	1999	14	C-A/S	no stats	400	Red Deer
5	Volunteer Program	Coordination of volunteer services	EA	VT	1990	23	C-A/S		700	Red Deer
6	Bargain Treasures	Second-hand affordable clothing	SS		1988	25	AL		6,000	

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7	Assistance to Personal Decision Makers (formerly Guardianship Program)	Provides information and assistance to individuals exploring decision-making support for vulnerable adults. Assistance provided to complete forms for personal directives, guardianship, trusteeship, co-decision making, supportive decision making.	SS	G	1983	30	C-A/S			Red Deer and surrounding communities
8	Agency Administration									Red Deer
<b>SUMMARY</b>										
8			EA: 2 SS: 5		1983 - 2007	6-30	AL; C-AS	M/F	9,615	Red Deer (including surrounding communities and Central Alberta)

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<b>LETHBRIDGE REGION</b>										
1	Club 4U	Structured and non-structured recreation, leisure, socialization and education with a strong focus on peer support and client directed programming	SS	PS/RE	1979	34	C-A/S	M&F	1,200	Lethbridge
2	Laura House Group Home	Seven-bed group home providing support and life skill training	H	GH	1979	34	A	M&F	0	Lethbridge
3	Castle Apartments	79 Affordable Housing Units, 20 designated for Mental Health. Jointly owned and operated by CMHA, Lethbridge Community Housing Corporation	H	IHU/SB	2008	5	A	M&F		Lethbridge
4	Scenic Apartments	Eight-unit complex jointly owned by CMHA and Lethbridge Housing Authority - two units contain the Community Crisis Beds, six units provide independent living for mental health	H	IHU	1999	14	A	M&F	0	Lethbridge
5	Crisis Intervention Team	Mental health community crisis response team	SP	CI	1999	14	AL	M&F	0	Lethbridge - serves all Southern Alberta
6	Community Crisis Beds	Mental health community crisis beds - 5 units	H	CB	1999	14	A	M&F	0	Lethbridge

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7	Community Approach to Skills Development	Pre-employment training	SS	E/LSS					0	
8	Distress Line	24-hour line providing crisis de-escalation, suicide assessment and intervention and community resourcing	SP	CI	2003	10	AL	M&F	0	Southwestern Alberta and Calgary west (former Headwaters Health Region)
9	Peer Support	Peer employment program providing supported social and recreation activities	SS	PS/RE	1995	18	A	M&F	0	Lethbridge
10	Enviro Rangers	Summer day camp for children and adults with mental health issues	SS	RE	1995	18	CY	M&F	0	Lethbridge
11	Pathways to Housing Community Outreach	Outreach and follow-up to house individuals who are homeless or at risk of becoming homeless; eviction prevention is a strong component of the program	SS	H	2007	6	AL	M&F	0	Lethbridge

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							Child. & Youth (0-18) (CY) Adult (18-65) (A) Senior (65+) (S) All (AL) Comb. (C-A/CY, e.g.)			
12	Independent Living Support	Life skills support	SS	LSS	1998	15	A	M&F	0	Lethbridge
13	Community Links	Information and referral services	A	SN	2005	8	AL	M&F	250	Lethbridge
14	24 Hour Concierge Services	24hr. Supported Housing - Housing 1st clients	SS	H	2012	<6 months	A/S	M&F		Lethbridge
15	Centralized Intake Services	Centralized intake, assessment and triage for Housing 1st	SS	H	2012	3 months	AL	M&F		Lethbridge
<b>SUMMARY</b>										
15					1979 - 2012	.25 - 34	AL; A; C-AS; CY	M&F	1,450.00	Lethbridge, southern and southwestern Alberta, plus Calgary East (former Headwaters Health Region)

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<b>WOOD BUFFALO REGION</b>										
1	Adult Anger Management	A program for men and women to learn tools and techniques to better understand effective communication & problem solving skills	EA/WW	AM	1994	19	C-A/S	M&F	540	CMHA office, schools, outlying community
2	Women's Self Esteem	A program for women to build on tools necessary to take control of their life	EA/WW	SE	2000	13	C-A/S	F	220	CMHA office, schools, outlying community
3	Building Self Esteem in Your Child	Learn how self esteem develops in your child and how you can bolster and encourage their self esteem	EA	P/SE	2004	9	A	M&F	110	CMHA office, schools, outlying community
4	Friends for Life	Ten-week anxiety program offered to Grade 5	EA	MI/A	2011	2	CY	M&F	40	Schools
5	Stress Management	Coping strategies and skills to combat and decrease stress in each individual to achieve balance	EA/A	SM/LSS	2000	13	C-A/S	M&F	280	CMHA office, schools, outlying community
6	Conflict Resolution	Learn to evaluate the development of conflict, the affect it has and the proper approach to situations	EA/WW	CI/E	2008	5	C-A/S	M&F	60	CMHA office, schools, outlying community
7	PAWs for People (Pets & Wellness)	Theapeutic benefits connecting animals & people assisted visits	EA/A	MHTP	2013	1	CY	M&F	200	Hospital, Rotary House, School, PCN
8	Bipolar Support Group	Peer support group for people with a diagnosis of Bipolar Disorder	SS/A	MI/PS	2011	2	A	M&F	30	CMHA office
9	ASIST / Tune up	Applied Suicide Intervention Skills Training, two-day workshop	SP	CI/IEAP	2000	13	C-A/S	M&F	80	CMHA office, Community locations

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10	Mental Health First Aid	A program to clarify your vision, gain balance, find your purpose and to live a more fulfilling life	EA/WW	MHTP	2013	1	C-A/S	M&F	30	CMHA office, Community locations
11	Consumer Advocate	A program to provide support to mental health consumers to live independent, healthy safe, and productive lives	SS/A	LSS/I	2005	8	C-A/S	M&F	100	CMHA office
12	CMHA Gordon White Avenue	Housing for two individuals with a mental illness (18+)	H	TH	2000	13	C-A/S	M	60	Downtown neighbourhood, Fort McMurray
<b>SUMMARY</b>										
12					1994-2013	1-19		M&F; F; M	1,750	Fort McMurray

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<b>CALGARY REGION</b>										
1	Advocacy	The advocacy program helps locate information and resources to assist individuals dealing with mental health issues who feel lost in the system and provides referrals to CMHA and other community agency programs.	A	SN/ SCA/I		>10	C-A/S	M&F	See Volunteer Services section	Calgary
2	Mental Health Education	Presentations are offered to junior and senior high school students, as well as post-secondary and adult audiences. Key topics are suicide awareness, stress and mental illness. Awareness of mental health issues is also raised through attendance at events and through the publishing of <i>Balance</i> magazine	EA	A		>10	C-CY/A	M&F	See Volunteer Services section	Calgary
3	Family Support	The Family Support Program provides support, education and information to help people learn how to cope with and develop healthy strategies to support a relative or friend who is living with a mental disorder	SS	FS		>10	Families/A	M&F	See Volunteer Services section	Calgary



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4	Suicide Services	Suicide Bereavement is a grief support program specific to those who have experienced loss by suicide. The program offers counselling for individuals and families, psycho-educational support groups, and individual or drop-in peer support groups. Thi program aslo supports the annual SOS day	SS	B		>10	Families/A	M&F	See Volunteer Services section	Calgary
5	Street Outreach and Stabilization (SOS)	The SOS program helps address the needs of homeless individuals with a mental illness, by offering them the support and resources they need so they can live in safety and comfort.	SS	H	2003	9	A	M&F	See Volunteer Services section	Calgary
6	Independent Living Support (ILS)	The ILS program delivers supportive, skill-building services to people who have a diagnosed mental disorder that affects their ability to live independently.	SS	LSS		>20	A	M&F	See Volunteer Services section	Calgary
7	Peer Options	Peer Options provides a group peer support environment where adults with a mental disorder can further their health and well-being by reducing isolation and building social skills.	SS	PS		>15	A	M&F	See Volunteer Services section	Calgary

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8	Leisure Recreation	The Leisure Recreation program helps overcome isolation that often accompanies a mental disorder by encouraging clients to partake in social/recreational activities.	SS	RE		>15	A	M&F	See Volunteer Services section	Calgary
9	Continuing Connections	This program enhances quality of life for younger residents of continuing care facilities who have a mental disorder as well as complex medical needs by promoting participation in social, recreational and leisure activities that are satisfying and purposeful for the resident.	SS	RE		>10	A	M&F	See Volunteer Services section	Calgary
10	Supportive Living	Supportive Living provides support to individuals who have experienced difficulty living independently because of a mental disorder, in group living and apartment settings which allow for a variety of levels of independence.	H	IHU/GH		>20	A	M&F	See Volunteer Services section	Calgary
11	Post Discharge Transition	This program provides an intensive level of supportive living for clients with a severe and persistent mental disorder who are transitioning from hospital into the community and unable to access other supports.	H	TH	2007	5	A	M&F	See Volunteer Services section	Calgary

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12	Workplace Wellness	A mentally healthy workplace program that is delivered over an extended period primarily through e-learning; that works directly with organizations to promote mental health, recognize signs and symptoms and work to maintain the mental health of employees long term.	WW	TP, CO		>10	AL	M&F	N/A	Calgary
13	Volunteer Services/Human Resources	Focus is to provide regular volunteer support to specific CMHA programs and opportunities to help with special events, in the office or on the Board of Directors.				>10	A	M&F		Calgary
<b>SUMMARY</b>										
13						5 - >20	A / CY	M&F		Calgary
<b>COMMENTS:</b>										
Cost of Program figures are for the 2012/2013 fiscal year; No. of People Served figures are for 2012; and No. of Volunteer Hours are for the 2012/2013 fiscal year.										
Cost of Program: CMHA sources of revenue include fund raising, grants (other than those listed), fee for service, rent, etc.										
SOS Program: Number of People Served: There are a large number of one-time contacts with individuals on the street, in shelters, through Homeless Connect, who are not captured in the section for Number of People Served.										
Volunteer Services: this program is operated through the Human Resources department.										

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<b>SOUTH EAST REGION</b>										
1	Whispers of Wellness Mental Health Club	A peer support group that meets weekly for caring and sharing and social activities. Educational presentations provided by CMHA staff or guest speakers monthly.	1	PS	2004	9	C-A/S	M&F		St. Barnabas Church, 635 4th Street SE, Medicine Hat, AB
2	Family and Friends Support Group	This nine-week peer support group runs twice a year. It includes education and support for family and friends who care about someone living with a mental illness. CMHA staff and other mental health professionals will provide presentations on mental illness, self-care, community resources and becoming a better support person.	1	FS	2007	6	C-A/S	M&F		CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB
3	Hope and Healing Support After Suicide Bereavement Support Group	Losing a loved one to suicide can often leave people feeling confused, angry and alone. This 9-week support group runs twice a year. It provides participants with an opportunity to explore and share their feelings with others who have also experienced a loss due to suicide.	1, 6	B, IEAP	2004	9	C-A/S	M&F		CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB

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4	Mental Health Educator	Education promoting understanding of mental health, mental illness, stigma, dealing with anger, body image, communication, and self-advocacy to schools, consumer groups, businesses and other organizations. Establish and enhance community services by sharing knowledge, expertise and resources with other groups and organizations.	4	SS	2000	13	C-A/S	M&F		Communities in Southeast Alberta Region
5	Mental Health First Aid	A two-day course that teaches first aid skills to help someone who is developing mental health problems or is experiencing a mental health crisis.	4	MHTP	2009	4	C-A/S	M&F		Communities in Southeast Alberta Region
6	Applied Suicide Intervention Skills Training	Intervention Skills Training will give you an understanding of: Your personal attitudes toward suicide; How to recognize and assess the risk of suicide; Effective suicide intervention techniques; Community resources. Each participant also receives a certificate upon completion of the course.	6	T	1995	18	C-A/S	M&F		Communities in Southeast Alberta Region

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7	Regional Suicide Prevention Council	The council is comprised of approximately 30 organizations and community members who meet to discuss issues, concerns and solutions related to suicide prevention; develop community awareness of the facts of suicide in an effort to reduce stigma; develop creative and innovative approaches to suicide prevention in this region; and to implement regional initiatives adapted from the Canadian and Alberta Suicide Prevention strategies.	6	CL	2001	12	AL	M&F	300	Communities in South East Alberta Region
8	Resource Lending Library	Resource lending library on mental health, mental illnesses, addiction, suicide, grief, self-harm, sexual assault, stress management, self-esteem and other topics.	4, 6	A, LC	2000	13	AL	M&F	24	CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB
9	Yellow Ribbon Program	Suicide Prevention Program for youth in grades 6 to 12. Following each presentation, students will be given a Yellow Ribbon Card. They will then be introduced to the in-school and community resources that they may present the card to when they are in crisis or need help.	6	IEAP	2005	8	AL	M&F		Communities in Southeast Alberta Region

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10	Community Helpers Program	A program that surveys youth in our community to identify existing natural helpers for youth and young adults in our community. Once identified, the helpers are offered opportunities to learn more about mental health issues and training to strengthen their supports skills.	6	IEAP	2008	5	AL	M&F		Communities in Southeast Alberta Region
11	The POST Bookstore	This store is a mental health consumer project staffed entirely by consumers. Led by the POST Store Manager, the store enables consumers to add purpose to their lives by contributing in a work environment. Consumers learn employment and socialization skills through their participation as employees.	1	E	1999	14	AL	M&F		410 South Railway St. SE, Medicine Hat, AB
12	Suicide Prevention Program	Provide stress management, suicide awareness, and grief and loss presentations; provide crisis intervention workshops and the Suicide Prevention Training Programs; provide individual and group support to those bereaved by suicide.	6	CL, CI, CD, IEAP, LC, T	1995	18	AL	M&F		Communities in Southeast Alberta Region
13	Mental Health Drop-In Center	Drop-in services at Youth Action Society Monday to Thursday from 1:00 - 3:30 pm. Free coffee and activities provided.	1	RE	2003	10	C-A/S	M&F		Medicine Hat Youth Center, 524 3rd St. SE, Medicine Hat, AB

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14	Volunteer Income Tax Service	Income tax prep for low-income	1	GS	2000	13	C-A/S		M&F	90	CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB
15	Financial Administration Program	Budgeting for low-income	1	LSS	2008	5	C-A/S		M&F		CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB
16	Budgeting For Beginners	Budgeting workshop for the public	4	LST	2009	4	C-A/S		M&F		CMHA, #204-1865 Dunmore Rd. SE, Medicine Hat, AB
17	System Navigation	Assistance for mental health consumers to complete forms, applications, annual AISH reports, income tax, for personal advocacy when difficulties arise navigating services or systems. Research and evaluation to identify and analyze relevant issues and trends related to mental health and the provision of supports to persons with a mental illness. Influence public policy to preserve/restore mental health and protect the rights of persons with a mental illness. Ensure that persons with a mental illness have access to appropriate treatment and services.	1	GS	1964	49	AL		M&F		Communities in South East Alberta Region
18	Mental Health Matters	Mental Health Matters column in four newspapers	4	A	2005	8	AL		M&F		Medicine Hat News, Oyen Echo, Brooks Chronicle, Bow Island Commentator



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19	The Post Thrift Store	Main fund-raiser of CMHA, supported mainly by volunteers and mental health consumers on staff.	1	E	1980	33	AL	M&F	14,500	Medicine Hat
<b>SUMMARY</b>										
19					1964 - 2009	4-49		M&F	14,914.00	Communities in Southeast Alberta Region, including Medicine Hat
<b>COMMENTS: The figure for No. People Served does not include "member organizations" or "newspapers."</b>										

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<b>NORTH WEST REGION</b>										
1	HUB Resource Center	A program to build individual life skills to move people toward more independence and self-reliance. The program also offers day-to-day support to help people stay housed in Willow Place.	SS	BI,CI,E,G S,LSS, MI,PS, RE,SE,	2004	4	A	M&F	250	City of Grande Prairie
2	Housing First	To provide intensive case management to help secure and retain housing for the chronically homeless.	SS, H	AM,BI, E, FS, GS, H, LSS, MI, PS, RE, SE	2009	3	AL	M&F	50	The City of Grande Prairie - all areas
3	Mobile Addiction Outreach Worker	To provide information about and referra and supportl to addiction treatment options to those people that typically don't access addiction treatment facilities or programs.	SS	Addictions	2010	2	AL	M&F	45	City of Grande Prairie
4	FASD	To provide support and resources to individuals having or suspected of having FASD.	SS	BI, LSS,	2012	1	A	M&F		City of Grande Prairie
5	CMHA - Housing	To provide a range of housing options and supports supports for independent supported living of people with economic, mental health and/or addiction challenges.	H	GH, IHU, SB, TH	2003	9	AL	M&F	100	Willow Place, Fraser House, City House, Family Duplex - all in Grande Prairie
6	Federal HPS Supported Housing	Federal contract for permanent supported housing	H, SS	MI, LSS, CI, FS,	2012	1	AL	M&F	30	Willow Place, scattered sites
7	Provincial OSSI Supported Housing	Provincial contract for permanent supported housing	H, SS	MI, LSS, CI, FS,CI, SM	2012	1	A	M&F	350	Fletcher Building

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8	Community Education	Education, expressive arts and engagement in mental health development for community members.	SS	LSS,SE,, CI, SM	2011	2	AL	M&F	50	City of Grande Prairie
<b>SUMMARY</b>										
8					2003-2012	1-9	A; AL	M&F	875	City of Grande Prairie (all areas)

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NO.	PROGRAM	PROGRAM DESCRIPTION	GROUP	SUB-GROUP	YEAR INITIATED	NO. YEARS IN PLACE	AGES OF THOSE SERVED Child. & Youth (0-18) (CY) Adult (18-65) (A) Senior (65+) (S) All (AL) Comb. (C-A/CY, e.g.)	GENDER (M/F/M&F)	NO. VOLUNTEER HOURS PER YEAR	LOCATION(S)
<b>EAST CENTRAL REGION</b>										
1	Independent Living Supports/Community Initiatives	To assist individuals with severe and persistent mental illness live independently and interdependently in the community, including cooking classes.	SS	GS/LSS/MI	2002	8	C-A/S	57% F 43% F		Beaver County/Flagstaff County/County of Camrose/ City of Camrose/ Municipal District of Wainwright
2	Assertive Outreach	To provide support to people who are in the greatest need, who might not otherwise be reached by more typical human service efforts	SS	CI/GS/H/MI	2002	8	A	55% F 45% M	0	Camrose & Surrounding area
3	Individual Support Services	To assist individuals with dual diagnosis to live independently and interdependently in the community	SS	E/FS/GS/H/LSS/MI/RE	1989	21	C-A/S	37% F 63% M		Beaver County/Flagstaff County/County of Camrose/ City of Camrose/ Municipal District of Wainwright
4	Brain Injury Support Services	To assist individuals with a brain injury to live independently and interdependently in the community	SS	BI/E/GS/H/LSS/MI/R3	2005	5	A	50% F 50% M	0	Beaver County/Flagstaff County/County of Camrose/ City of Camrose/ Municipal District of Wainwright
5	The Residential Program	A duplex in a residential area. This cooperative form of living allows people who have experienced mental illness to live together as equal participants and provide each other with a built-in support system.	H	GH/RB/TH	1987	23	A	36% F 64% M	0	City of Camrose

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6	Public Awareness		EA	MHTP/VT/A/FE	2009	1	A	80%F 20% M		Beaver County/Flagstaff County/County of Camrose/ City of Camrose/ Municipal District of Wainwright
7	Resource Centre		SS	GS/LSS/M I/PS/R/SE	1992	18	C-A/S	57% F 43% F	100	Beaver County/Flagstaff County/County of Camrose/ City of Camrose/ Municipal District of Wainwright
<b>SUMMARY</b>										
7					1987 - 2009	1-23	C-A/S	M&F	100.00	Beaver County; Flagstaff County; County of Camrose; City of Camrose; Municipal District of Wainwright

## CMHA ALBERTA SERVICE MATRIX (as at March 31, 2013)

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<b>CENTRE FOR SUICIDE PREVENTION</b>										
1	Workshops	Education to equip people with specific suicide-focused knowledge; suicide intervention skill development	SP	IEAP, CD, T	1982	31	A/S	M&F		Approximately 50 locations throughout Alberta; also service locations in Canada and internationally
2	Information Services and Knowledge Translation	Distribution of CSP-produced publications; curriculum development for CSP workshops; operation of world-renowned Library.	SP	IEAP, LC, CD	1981	32	All	M&F		<b>Information distributed worldwide</b>
<b>SUMMARY</b>										
2			SP	IEAP, LC, CD, T	1981-1982	31-32	A/S, All	M&F	300	<b>Information distributed worldwide</b>

## CMHA ALBERTA SERVICE MATRIX (as at March 31, 2013)

NO.	PROGRAM	PROGRAM DESCRIPTION	GROUP	SUB-GROUP	YEAR INITIATED	NO. YEARS IN PLACE	AGES OF THOSE SERVED Child. & Youth (0-18) (CY) Adult (18-65) (A) Senior (65+) (S) All (AL) Comb. (C-A/CY, e.g.)	GENDER (M/F/M&F)	NO. VOLUNTEER HOURS PER YEAR	LOCATION(S)
<b>EDMONTON REGION</b>										
1	Peer Connections	Peer-led social recreation and peer support activities	SS	PS, RE	2012	1	A	M/F	514	Edmonton
2	Practical Supports Services	Providing support with daily living tasks	SS	LSS	2012	.5	A, S	M/F	0	Edmonton
3	Hoarding Support and Education	10 week psycho-education and drop-in support groups for people who struggle with hoarding behaviours	SS, EA	LSS, LST	2011	2	A	M/F	0	Edmonton
4	Mental Health Recovery for Teen Parents	One-one mental illness recovery and mental health education support to teen parents attending Braemar School and 10 week psycho-education recovery group	SS	MI	2012	.5	CY	F	0	Edmonton
5	Community Housing	One-one independent living support to CMHA-Edmonton tenants	SS	LSS	2011	2	A, S	M/F	0	Edmonton
6	Moving Ahead Program* Program closed August 31st 2013	Community-based illness management education and recovery support activities as well as social recreation programs for adults living with mental illness.	SS	LSS, GS, MI, SE, SM	1996	17	A	M/F	245.5	Edmonton
7	Family Support Program	Support, information and resources for family members who are supporting someone living with a mental illness	SS	FS	2008	5	18+	M/F	0	Edmonton
8	Challenge By Choice	Young adults living with a mental illness have access to social, recreational and educational programming	SS	LSS,PS,RE,SE,SM	2009	4	16-30	M/F	24	Edmonton

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9	Community Education	Education in the community including junior and senior high schools, U of A, community groups	EA	A,	1954	57	12+	M/F		varied
10	Applied Suicide Intervention Training	Accredited two-day training	EA	SP			18+			Edmonton
11	Mental Health First Aid	2 day training	EA	EA	2010	3	18+	M/F		Edmonton
12	MHFA for Youth	2 day training	EA	EA	2010	3	18+	M/F		Edmonton
13	River of Life	Aboriginal Youth Suicide Prevention	EA	SP	2011	2	18+	M/F		Edmonton
14	SafeTalk	Suicide Alerrtness for Everybody	EA	SP	2011	2	18+	M/F		Edmonton
15	Straight Talk	Youth Suicide Prevention	EA	SP	2011	2	18+	M/F		Edmonton
16	Tattered Teddies	Suicidal Behavior in Chidlren under 12	EA	SP	2011	2	18+	M/F		Edmonton
17	Housing	Providing safe affordable housing for people with mental illness and/or low income	H	IHU	1980	33	18+	M/F	7.5	5 apartment buildings in Edmonton
18	Volunteer Program	Community Volunteers are matched to programs based on qualification and interests	EA	VT			18+	M/F	Board and committee members - global stats 3,964 hours	Edmonton
<b>18</b>					<b>1954</b>	<b>.5-57</b>	<b>AL</b>	<b>M/F; F</b>	<b>4,755</b>	<b>Edmonton</b>
<b>COMMENTS:</b> We utilize volunteers in several of our programs but do not have a breakdown at this time. We also use volunteers for our bingos and casinos, and our Board has 11 volunteer members.										
<b>CONSOLIDATED SUMMARY</b>										
<b>102</b>			<b>All Groups</b>	<b>All Sub-Groups</b>	<b>1954 - 2013</b>	<b>.25-57</b>	<b>All categories</b>	<b>M/F/M&amp;F</b>	<b>33,759</b>	<b>International, but primarily Alberta-wide</b>



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**KEY**

Group	Program	Program Code	Subgroup	Subgroup Code
1	Support Services for People and Families Living with Addiction, Mental Illness and Co-occurring Illnesses	SS	Anger Management	AM
			Bereavement	B
			Brain Injury	BI
			Crisis Intervention	CI
			Employment	E
			Family Supports	FS
			General Support	GS
			Guardianship	G
			Homelessness	H
			Life Skills Support	LSS
			Mental Illness	MI
			Parenting	P
			Peer Supports	PS
			Recreation	RE
			Self-Esteem	SE
Sexual Assault	SA			
Stress Management	SM			
2	Housing	H	Crisis Beds	CB
			Group Homes	GH
			Independent Housing Units	IHU
			Respite Beds	RB
			Supported Beds	SB
			Transitional Housing	TH
3	Workplace Wellness	WW	Consultation	CO
			Training Programs	TP
4	Education and Awareness	EA	Awareness: Public/Community/Schools	A
			Family Education	FE
			Life Skills Training	LST
			Mental Health Training Programs	MHTP
			Volunteer Training	VT
5	Advocacy	A	Community Development	CD

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				Individual						
				System Navigation						
				Systems Consultation and Advocacy						
6	Suicide Prevention	SP	Community Leadership	CL						
			Crisis Intervention	CI						
			Curriculum Development	CD						
			Information, Education, Awareness and Prevention	IEAP						
			Library Collection	LC						
			Training	T						
7	Research	R	Community-based Research	CBR						
			Program Evaluation	PE						