

## Friends and supporters of CMHA in Alberta,

The CMHA - Alberta Division, in partnership with the nine Alberta Regional offices, continues to pursue its vision with all its community, government, and business stakeholders and partners: mentally healthy people in a health society. 2014 was no exception. While much work is still to be done, I am pleased to be witnessing the substantial change in the awareness and recognition of mental health as a key strategic objective for organizations and individuals alike. For instance, many employers and employees are beginning to recognize the value of workplace mental health in their organizations as a way to reduce stigma and increase work-place wellness, ultimately leading to greater social and economic prosperity for our community.

2014 was a year marked by many changes and opportunities. This was particularly the case at government levels, including the significant leadership shifts that occurred at both provincial and municipal governments. While this kind of change often requires the reestablishment of connections and networks in place of past ones, it also provides an opportunity to reach out to a new cadre of individuals and organizations with whom to share the CMHA story. Everyone needs to hear that story.

With respect to our interactions with the province, I am particularly proud of the collaborative work we have begun with Alberta Health (AH), Alberta Health Services (AHS) and regional Executive Directors of CMHA, which focuses on aligning the breadth of CMHA's programs and services to help AH/AHS meet its mental health and addictions strategic goals and objectives. The way in which this partnership has come together and continues to endure is a testament to the provincial government's commitments to mental health and addictions, looking for new ways to better reach Albertans with much needed supports. CMHA looks forward to continuing to build on this incredible strategic partnership.

Change was also a hallmark of CMHA - Alberta and its regions. Work continues in areas to develop more effective and efficient processes that can better support the CMHA family's advocacy work, educational initiatives, and program and service delivery models. Some improvements have been made; more work is needed.

Change occurred at the CMHA - Alberta division leadership level with the departure of our former Executive Director, Tom Shand. I am pleased to note that David Grauwiler, a former Development Officer at E4C, accepted the position of Executive Director, CMHA- Alberta division. Mr. Grauwiler brings to this position tremendous experience, know-how, and credentials in the not-for-profit sector. I look forward to watching his leadership guide and grow CMHA to its full potential. I also want to thank Mr. Shand for his contribution to the mental health community with his eight years of service to CMHA. His commitment and support of the mental health community in Alberta is remarkable.

At the end of the day, it is all the people of CMHA in Alberta who make it what it is: an organization committed to mentally healthy people and health societies. On behalf of the CMHA - Alberta Board, I want to thank our members, funders, volunteers, and executive directors who perform all the critical services in our communities throughout the province.

Thank you.

Bill Bone

### Executive Committee

Mr. William Bone  
Mr. David Copus  
Mr. Thomas Djurfors  
Ms. Janice Tye  
Dr. Sandra M Anderson  
Mr. Peter LeBlanc  
Mr. Tom Shand

Chair - Board of Directors  
Past Chair - Board of Directors  
Executive Vice Chair  
Chair - Finance  
Chair - Governance  
Chair - Advocacy and Social Policy  
Ex officio

### Members-at-Large

Dr. Marg Osborne  
Ms. Janice Tye  
Mr. Thomas Djurfors  
*Vacant (two positions)*

Calgary  
Calgary  
Edmonton

### Directors

Jessica Hutton Rantala  
Ms. Lana Sweeney  
Dr. Sandra Anderson  
Ms. Joan Wright  
Mr. Graham Barclay  
Mr. Peter Leblanc  
Mr. William Bone  
Mr. Robert Schuett  
Ms. Shelby MacLeod  
Ms. Anne Tomcala  
Ms. Carmelle Hunka

North West Region  
Wood Buffalo Region  
Edmonton Region  
Edmonton Region  
Central Region  
East Central Region  
Calgary Region  
Calgary Region  
Lethbridge Region  
South East Region  
Centre for Suicide Prevention

### CMHA Staff

Mr. Tom Shand  
Vacant  
Vacant  
Ms. Jillian Dacyk

Executive Director  
Manager, Finance and Operations  
Payroll Manager  
Executive Secretary



Canadian Mental  
Health Association  
Alberta  
Mental health for all

For more information, contact CMHA Alberta Division as follows:

320 Ledgeview Business Centre Phone: (780) 482-6576  
9707 - 110 Street NW Fax: (780) 482-6348  
Edmonton, AB T5K 2L9 Email: alberta@cmha.ab.ca

[www.alberta.cmha.ca](http://www.alberta.cmha.ca)

# Annual Report 2013-14



**BE MIND FULL**  
CHAMPIONS FOR POSITIVE MENTAL HEALTH SINCE 1918



Canadian Mental  
Health Association  
Alberta  
Mental health for all

[www.alberta.cmha.ca](http://www.alberta.cmha.ca)

## Collectively CMHA Regions in Alberta have a significant social impact

**33,759+ Hours of Volunteer activity**

Volunteers are crucial to CMHA's programs and services.



**902+ Individuals & families have a place to live**

This number includes housing stock owned and/or managed by CMHA as well as individuals supported by CMHA in market housing



**100+ Unique Programs**

Programs include: mental health recovery programs, family support, crisis intervention, mental health promotion and anti stigma initiatives, peer support



**310+ Staff**  
161 Full time staff &  
149 part time staff

Deliver programs and services for individuals & families impacted by mental illness.



### Canadian Mental Health Association Alberta Division Statement of Financial Position

March 31	2014	2013
<b>Assets</b>		
Current		
Cash (Note 3)	\$ 521,208	\$ 387,396
Accounts receivable	25,338	27,002
Due from Alberta Regions (Note 4)	29,326	-
Current Assets - Alberta Alliance on Mental Illness & Mental Health (Note 11)	62,539	76,678
	<b>638,441</b>	491,076
Investments (Note 5)	7,840	29,286
	<b>\$ 646,251</b>	\$ 520,362
<b>Liabilities</b>		
Current		
Accounts Payable and accruals	\$ 101,332	\$ 48,232
Advances received from government	139,335	-
Due to Alberta Regions (Note 4)	-	24,646
Deferred contributions - operating (Note 6)	213,158	199,610
Current liabilities - Alberta Alliance on Mental Illness & Mental Health (Note 11)	23,675	40,599
	<b>477,500</b>	313,087
<b>Net Assets</b>		
Unrestricted	\$ 111,253	\$ 152,562
Internally restricted - other (Note 7)	18,634	18,634
Externally restricted - Alberta Alliance on Mental Illness & Mental Health (Note 11)	38,864	36,079
	<b>168,751</b>	207,275
	<b>\$ 646,251</b>	\$ 520,362



#### WORKPLACE WELLNESS AWARD

The Workplace Wellness Award was presented to The Northern Alberta Institute of Technology. Bill Bone and Thomas Djurfors are joined by Dr. Glenn Feltham, President and CEO of NAIT (right)

### Canadian Mental Health Association Alberta Division Statement of Operations

Year Ended March 31	2014	2013
<b>Revenues</b>		
Public support	\$ 131,623	\$ 115,666
Government support	138,405	146,906
Other revenue	193,411	174,533
Alberta Alliance on Mental Illness & Mental Health (Note 11)	170,153	141,960
Rent and administration revenues (Note 11)	21,324	17,887
	<b>\$ 654,916</b>	\$ 596,952
<b>Expenditures</b>		
Amortization	\$ -	\$ 438
Building occupancy	59,394	52,865
Financial expenditures	22,027	17,639
Information services	6,876	7,165
Loss on equipment disposal	-	5,396
National membership	24,816	28,077
Office	35,706	32,310
Other program expenditures	1,000	1,000
Purchased services	40,503	26,710
Salaries	286,581	251,081
Staff recruitment and education	223	1,138
Travel and conferences	48,946	32,494
Alberta Alliance on Mental Illness & Mental Health (Note 11)	167,368	128,622
	<b>693,440</b>	584,935
(Deficiency) excess of revenue over expenditures	<b>\$ (38,524)</b>	\$ 12,017



#### PRESIDENT'S AWARD

Peter LeBlanc and Bill Bone present the President's Award to lone Challborn (middle) and Colleen Swanson (not shown)



**PROFESSIONAL CARE AWARD**  
Bill Bone and Sharon Hayward congratulate Renee Wagner (right) on receiving the Professional Care Award.