

2019 CMHA Alberta Awards

Nomination form

Submission deadline: August 30, 2019

All awards will be presented at CMHA Alberta's **Working Stronger** conference, October 28-29 in Edmonton. Award recipients (one per category) are invited to the conference and provided with complimentary registration.

Please use this form to nominate an individual or group for any one of the following awards:

1. Nadine Stirling Memorial Award

The Award, originally the Consumer Award, was renamed in 1991 in memory of Nadine Stirling, the first Alberta Consumer Networker. It is awarded to a consumer or immediate family member in recognition of their effort to attack stigma and/or support the development of self-help initiatives or facilitate consumer participation.

2. The Bettie Hewes Memorial Award for Outstanding Volunteer Service

The Award is named in remembrance of Bettie Hewes, former CMHA Alberta Division President, Regional Director and MLA. Bettie's lifelong interest in mental health issues and her commitment to improving the quality of life for people with mental illness is an example to all. The Award honours a volunteer or volunteers who have given much time and effort in direct service or management or have promoted the goals of the Association throughout the community.

3. Communications Award

Created to honour those representatives in the media who have made outstanding contributions to the coverage of mental health issues and/or shown regular and continuous interest in promoting the Association's goals and objectives and/or given special assistance in promotion of special events such as Mental Health Week.

4. Professional Care Award

Awarded to a professional mental health care worker or organization exhibiting special creativity and effectiveness in the provision of mental health care.

5. Special Service Award

Awarded to a service club, group or business which has aided the Association through financial or special service. More than one award may be given in any one year.

6. Workplace Wellness Award

Awarded to any organization from the public, private or voluntary sector, union or employee association which has demonstrated the promotion of mental health in the workplace and/or co-operation between employers, employees and community agencies within the workplace.

Send completed forms to:

Michele Rowan, Executive Coordinator – CMHA Alberta

✉ mrowan@cmha.ab.ca

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1. Individual or organization being nominated

Name

Address

Phone

Email

2. Which award are they being nominated for?

3. Nominator information

Name

Address

Phone

Email

4. *For information purposes only – not required for award nomination*

Have you connected with your local CMHA?

Yes

No

For questions 5-7, please provide examples specific to the award you are nominating for.

5. Please describe this individual's or organization's commitment to mental health and/or building a mentally healthy workplace. When did this commitment begin and how has it grown or evolved? (300 words)

2019 CMHA Alberta Awards

Nomination form

6. What concrete changes to process or practice has this individual or organization made to promote good mental health? (300 words)

7. What outcomes have you seen at the individual and organizational level that demonstrate the results of their commitment? How have these outcomes been measured? (300 words)

2019 CMHA Alberta Awards

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8. How has this person or organization shared the experience and knowledge with others? (200 words)

9. How does their body of work reflect the core values of CMHA Alberta? (200 words)

CMHA Alberta believes that the following elements are critical to mental health and a personally satisfying quality of life:

- Individual and collective responsibility;
- Self-determination;
- Maximum feasible community integration;
- Access to appropriate and adequate resources/supports;
- Embracing and engaging voices of lived experience in our work; and
- Supportive and equitable social, physical and policy environments in which Albertans live, work, learn, worship, and play.

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Other Comments:

Please attach any relevant documentation to support this application (e.g. strategy documents, work plans, references, etc.)

On behalf of the Canadian Mental Health Association, Alberta thank you for your nomination. The award recipient will be notified on or before September 16, 2019 to make arrangements for attendance at the Working Stronger Conference in Edmonton on October 28 and 29, 2019.

Please address any questions or concerns to:

CMHA Alberta Awards Committee
320, 9707-110 Street
Edmonton, AB T9K 0S4
✉ alberta@cmha.ab.ca